

1 CKS PROVINCIAL SPRINT TEAM PROGRAM DESCRIPTION AND PURPOSE

The purpose of the *Canoe Kayak Saskatchewan Provincial Sprint Team Program (CKS-PSTP)* is to support Saskatchewan athletes as they progress along the pathway to Senior National Team status and participation in World Championships and Olympic Games.

In order to provide member athletes with a world-class preparation environment, the CKS-PSTP will be aligned with CKS programs and resources and be fully integrated with the programs of CKS's provincial and national partners. Partners include member CKS sprint racing clubs, Sask Sport, Sport Science & Medicine Council of Saskatchewan, Canadian Sport Centre – Saskatchewan, Coaches Association of Saskatchewan, and Canoe Kayak Canada and its partners.

CKS-Provincial Sprint Team (CKS-PST) members are expected to demonstrate continuous progress along the pathway to Senior National Team status. Annual progress will be monitored using the Performance Pathways for the six Olympic singles events which can be found in the Appendices to this document.

The eligibility of CKS-PST members for funding, programs and other support from Sask Sport, CKS and their partners can be found in the CKS-PST Funding & Support Matrix which can be found in the Appendices to this document.

2 AUTHORITY FOR PROVINCIAL SPRINT TEAM PROGRAM NOMINATIONS

The CKS Sprint Provincial Coaches, in accordance with the criteria in paragraphs 3, 4 & 5 which follow, will identify athletes eligible for nomination to the CKS-PST. The identified athletes, along with the criteria each athlete has met, will be presented to the CKS Excellence Committee (CKS-EC). The CKS-EC will review all identified athletes to ensure that each nominee has met published selection criteria. The CKS-EC will then submit the final list of CKS-PST nominees to the CKS Board for ratification.

The intent is to advise individual athletes of their CKS-PST status before November 1st of each year. The CKS-PST roster will be released to the public immediately after all athletes are advised of their status.

All CKS-PST nominations are subject to appeal as per the CKS Appeals Policy. (Page 114 of the CKS Policy and Procedure Manual - <https://canoekayaksask.ca/governance/forms/>).

3 GENERAL ELIGIBILITY

To be eligible for nomination to the CKS-PST, an Athlete must meet the following general eligibility criteria:

- i. The Athlete must be a Canadian citizen or landed immigrant **and** be eligible to race for Canada in international sprint canoe/kayak competition.
- ii. The Athlete must be a permanent resident of Saskatchewan as of October 1st of each year.
- iii. The Athlete must be a registered member of CKC, CKS and a CKS member club, **and** be in good standing with CKC, CKS and their CKS member club.
- iv. The Athlete must have exclusively represented a CKS member club in the year of potential nomination to the CKS-PST; **and** must commit to racing exclusively for a CKS member club while

- a member of the CKS-PST.
- v. The Athlete's training must be planned and directed by a coach(es) certified at the Competition Development Level (or equivalent recognized by CKS) and who is not under sanction. Where an athlete is not directed and monitored by a certified coach, CKS will assign a Provincial Coach to collaboratively plan and monitor such athlete's training.
 - vi. The Athlete must enter into and fully comply with the CKS Athlete Agreement and must remain fully compliant with the terms and conditions of the Agreement, the CKS Code of Conduct, and the CKC Anti-Doping Policy.
 - vii. An Athlete who fails to remain fully compliant with the terms of the CKS Athlete Agreement, the CKS Code of Conduct or the CKC Anti-Doping Policy will be ineligible for subsequent nomination to the CKS-PST until such time as the CKS Board of Directors, pursuant to all relevant CKS policies, reviews all circumstances and elects to restore athlete eligibility.
 - viii. The Athlete must not be under sanction by the ICF, WADA or the CCES for violation of any organization's Anti-Doping policies and regulations;
 - ix. The Athlete must not receive financial support from any other Provincial or Territorial Athlete Assistance Program. This prohibition does not include academic scholarships, bursaries, student grants or loans, social assistance, disability support, or other financial assistance not related to competitive sport.
 - x. Failure to fully comply with one or more of the clauses in this section may result (pending a review of circumstances) in removal of CKS-PST membership and all associated privileges, funding and other support.

4 CKS PROVINCIAL SPRINT TEAM PROGRAM CATEGORIES

There are three categories of membership within the CKS-PST Program:

1. International Level
2. High Performance Stream
3. 2019 Western Canada Summer Games Training Squad

All members of the CKS-PST **MUST** commit to training at levels agreed between individual athletes and a Provincial Sprint Coach. Training and progress toward agreed performance objectives will be monitored by Provincial Sprint Coaches (and/or their designates). Failure to consistently train at agreed levels may (pending a review of circumstances) result in revocation of CKS-PST membership and all associated privileges, funding and other support – including any invitation to participate in CKS-PST training camps.

5 CKS PROVINCIAL SPRINT TEAM SELECTION CRITERIA

A - International Level

- i. All CKC Sprint National Team members who receive funding through the Sport Canada *Athlete Assistance Program* **and** who meet the General Eligibility criteria in Paragraph 3 above will be nominated to the CKS-PST.
- ii. All athletes selected to CKC Sprint Teams which represent Canada in ICF and/or COPAC sanctioned events in either of the **two competitive seasons** prior to the annual CKS-PST

nomination process; **and** who produce (in the year of nomination) at least one Olympic singles event performance that is within 7 per cent of the relevant Pathway Progression will be nominated to the CKS-PST.

PICF and/or COPAC sanctioned events include the following competitions:

- a. Olympic Games
 - b. ICF Senior World Championships
 - c. ICF Senior World Cup Regattas
 - d. ICF U23/U18 World Championships
 - e. Olympic Hopes Regatta
 - f. COPAC Pan American Championships
- iii. All athletes who, in the competitive season prior to the annual CKS-PST nomination process, deliver a performance in an Olympic singles event which is within 5 per cent of the relevant Progression Pathway will be nominated to the CKS-PST. (Progression Pathways for the six Olympic singles events are included in the Appendices of this document.)

B - High Performance Stream

- i. All athletes under the age 23 as of January 1st of the competitive season prior to the annual CKS-PST nomination process who, in that season, deliver a performance in an Olympic singles event which is within 7 per cent of the relevant Progression Pathway will be nominated to the CKS-PST.
- ii. All athletes who, in the competitive season prior to the annual CKS-PST nomination process, reach a National Championship Final in an Olympic singles event in the U16, U17 or U19 age categories will be nominated to the CKS-PST.

C - 2019 Western Canada Summer Games Training Squad

- i. A maximum of seven male and female athletes in each of the Canoe and Kayak disciplines who are eligible to compete in the 2019 WCSG **may** be nominated to the CKS-PST.
- ii. On the basis of performances over the course of the 2018 competitive season, potential nominees will be identified by the CKS Provincial Sprint Coaches and will be invited to participate in a CKS-PST 2019 WCSG preparation program.
- iii. The nomination of athletes will be based on 2018 performances relative to the Progression Pathways; and will **NOT** automatically lead to the nomination of the maximum number of athletes in any discipline, **or** to any minimum number of athletes in a discipline.
- iv. Athletes who accept a nomination to the 2019 WCSG Training Squad must adhere to the preparation program developed in consultation with a CKS Provincial Sprint Coach. Failure to consistently train at agreed levels may result in revocation of CKS-PST membership and all associated privileges, funding and other support – including any invitation to participate in CKS-PST training camps.

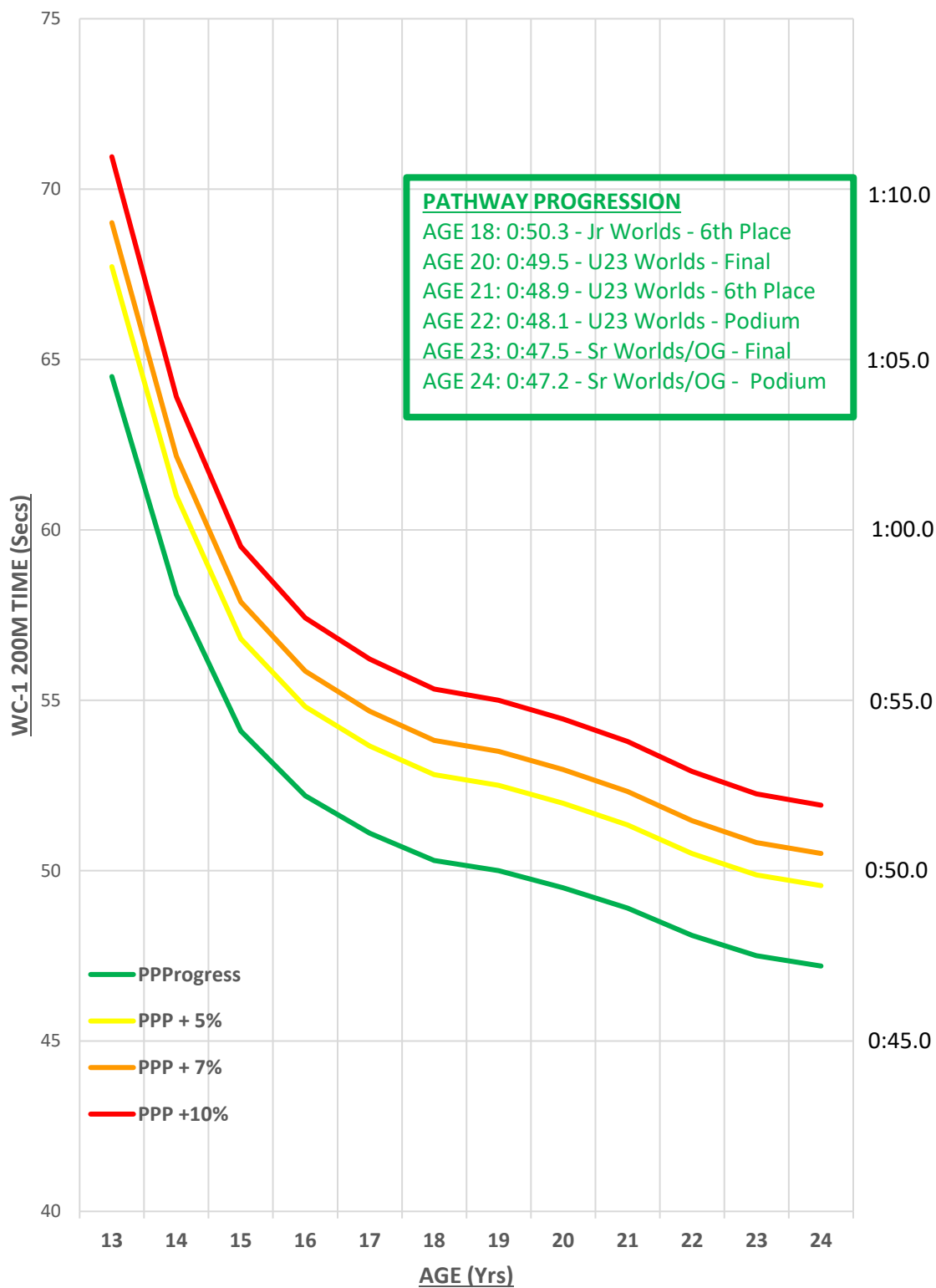
D – Medical & Unforeseen Circumstances

- i. Members of the CKS-PST at the International Level or High Performance Stream whose performance in the subsequent competition season is compromised by injury, illness or other unforeseen circumstances may make application to the CKS-HPC for nomination to the CKS-PST for one additional year.
- ii. An application on medical grounds must include documentation from medical practitioners – including diagnostic data, the prognosis for full recovery and recovery/rehabilitation timelines and plans. Athletes granted an additional year of CKS-PST membership will be monitored on a monthly basis by CKS Provincial coaches and/or medical practitioners to ensure compliance with prescribed recovery/rehabilitation plans. Failure to fully comply with such plans, and to make progress toward full-time sprint canoe-kayak training, may result in revocation of CKS-PST membership and all associated privileges, funding and other support.
- iii. An application based on unforeseen circumstances must provide details of the circumstances which lead to an athlete being unable to train on a full-time basis, and include a plan for the athlete's return to full-time sprint canoe-kayak training. A decision to grant a nomination for an additional year of CKS-PST membership will be made at the sole discretion of the CKS Board upon CKS-HPC recommendation.

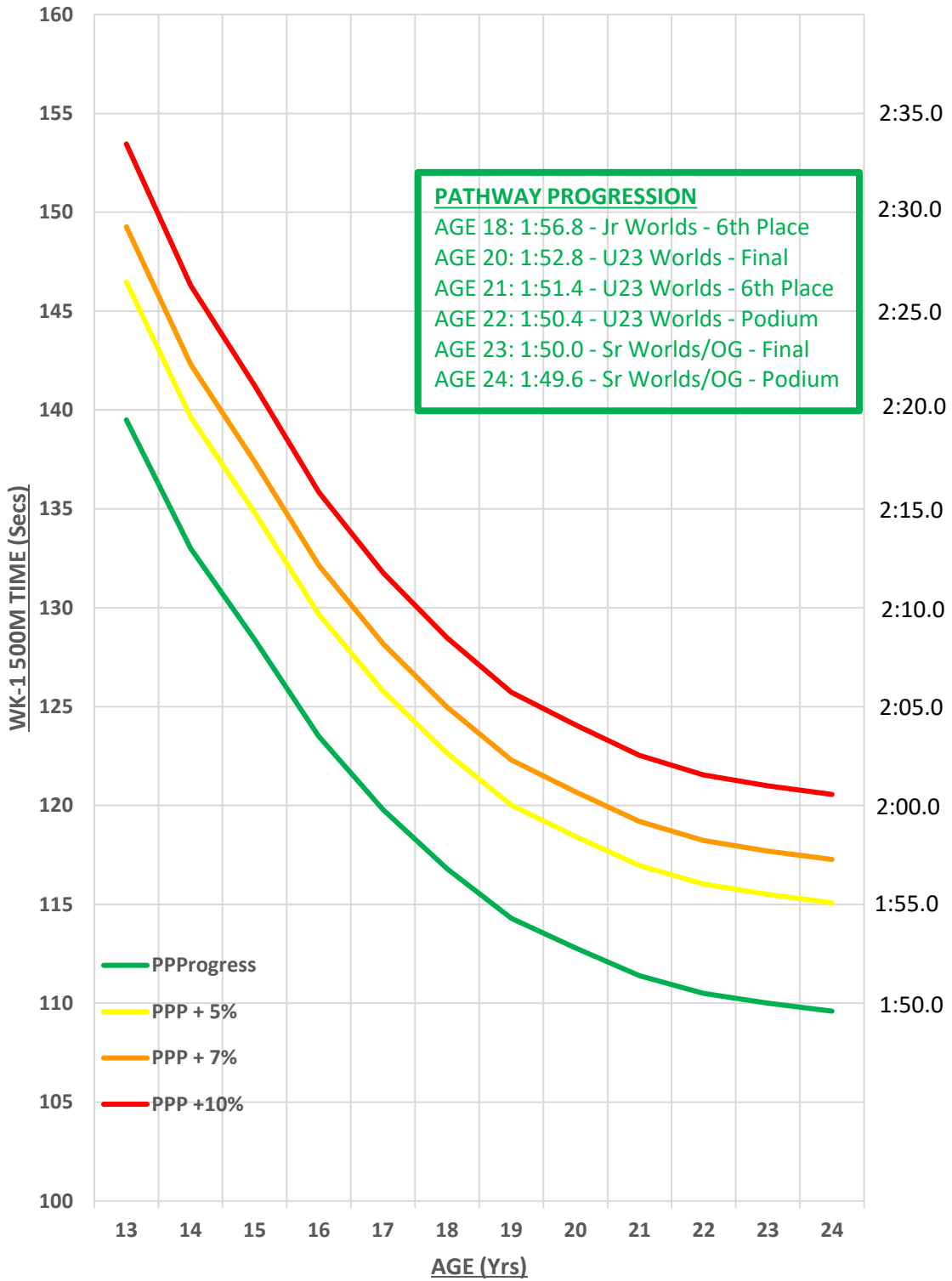
APPENDICES TO CKS PROVINCIAL SPRINT TEAM SELECTION CRITERIA

1. APPENDIX 1 WOMEN C-1 200M PODIUM PROGRESSION PATHWAY
2. APPENDIX 2 WOMEN K-1 500M PODIUM PROGRESSION PATHWAY
3. APPENDIX 3 WOMEN K-1 200M PODIUM PROGRESSION PATHWAY
4. APPENDIX 4 MEN C-1 1000M PODIUM PROGRESSION PATHWAY
5. APPENDIX 5 MEN K-1 1000M PODIUM PROGRESSION PATHWAY
6. APPENDIX 6 MEN K-1 200M PODIUM PROGRESSION PATHWAY

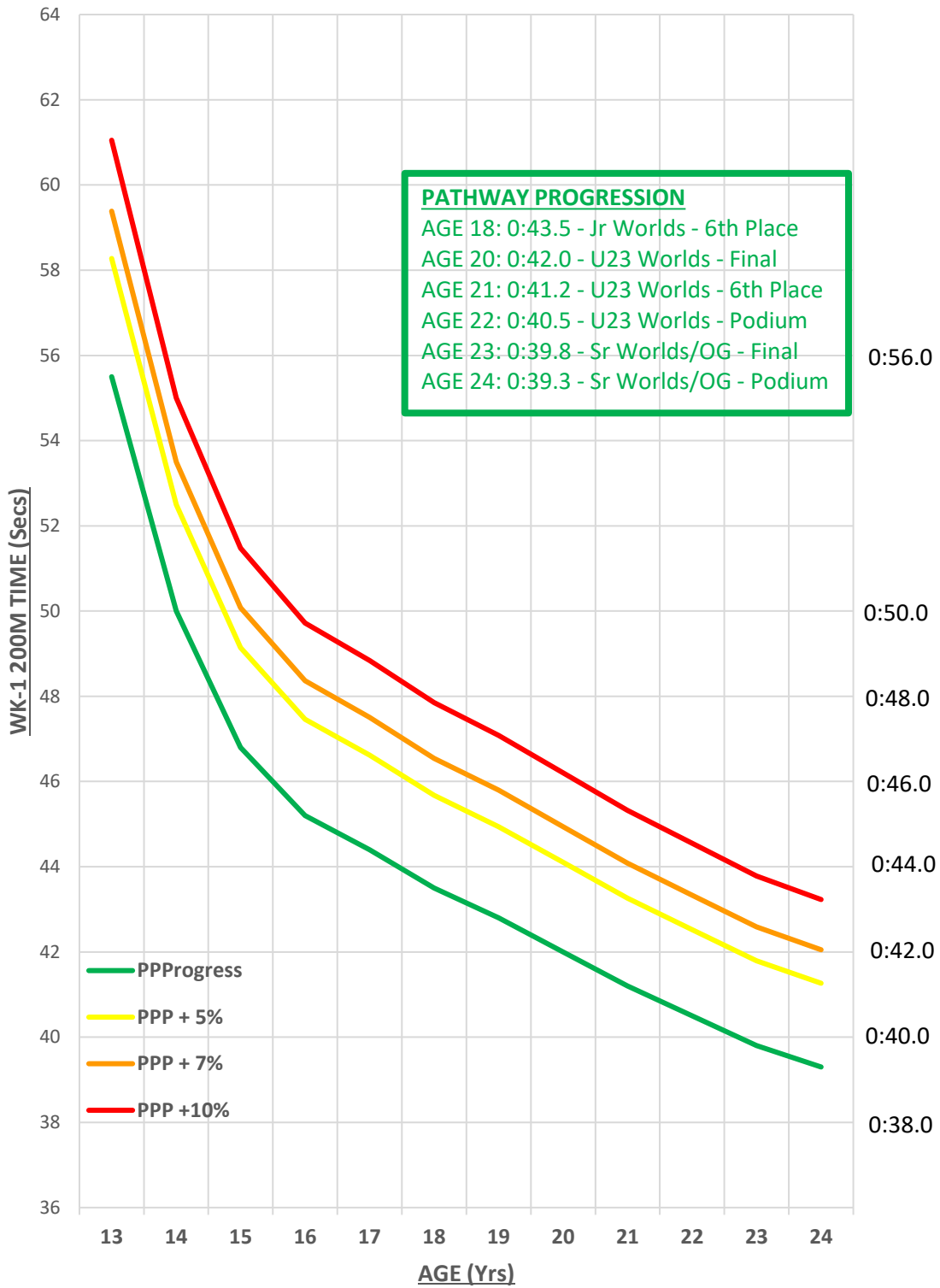
WC-1 200M PODIUM PATHWAY PROGRESSION



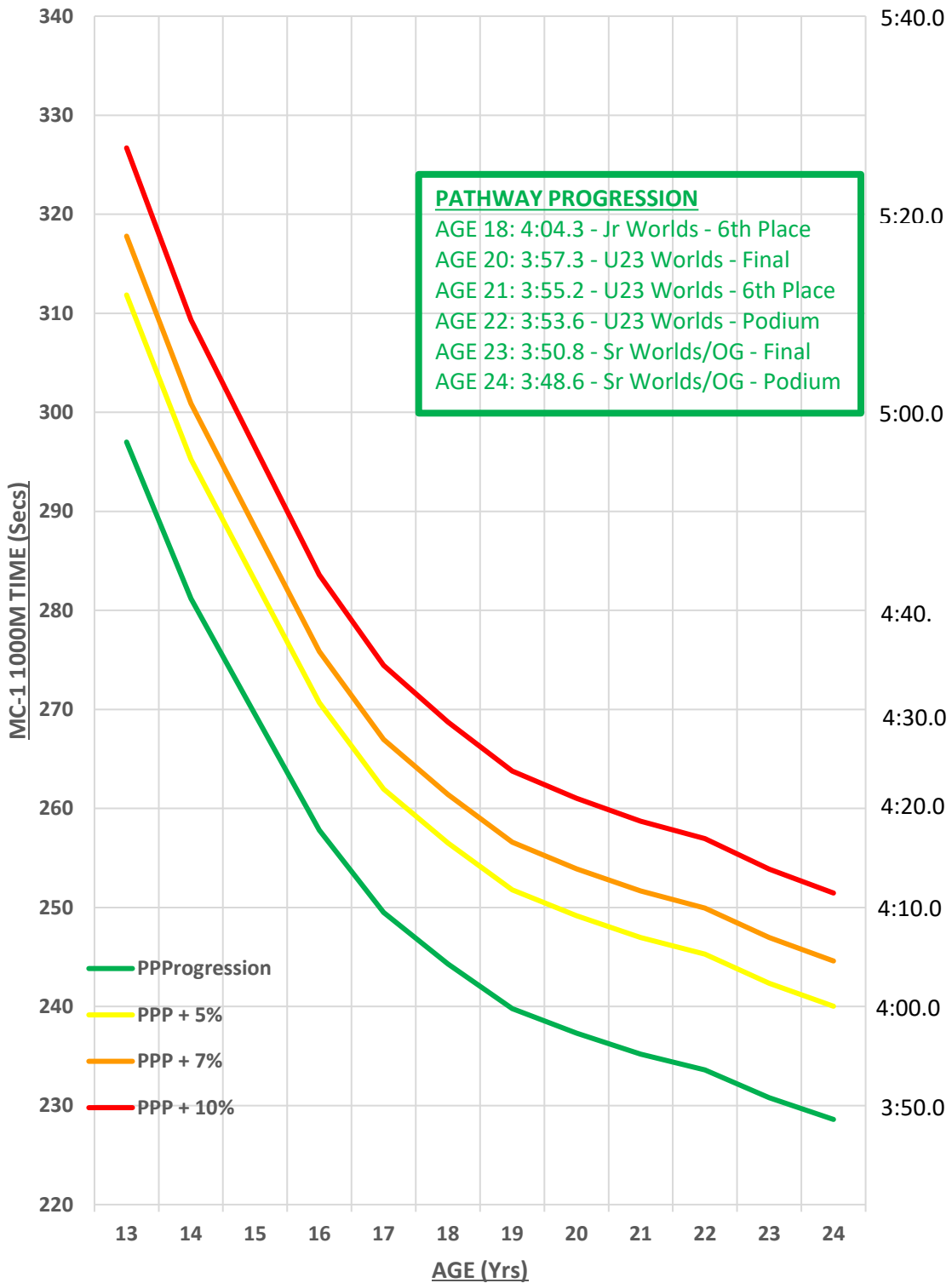
WK-1 500M PODIUM PATHWAY PROGRESSION



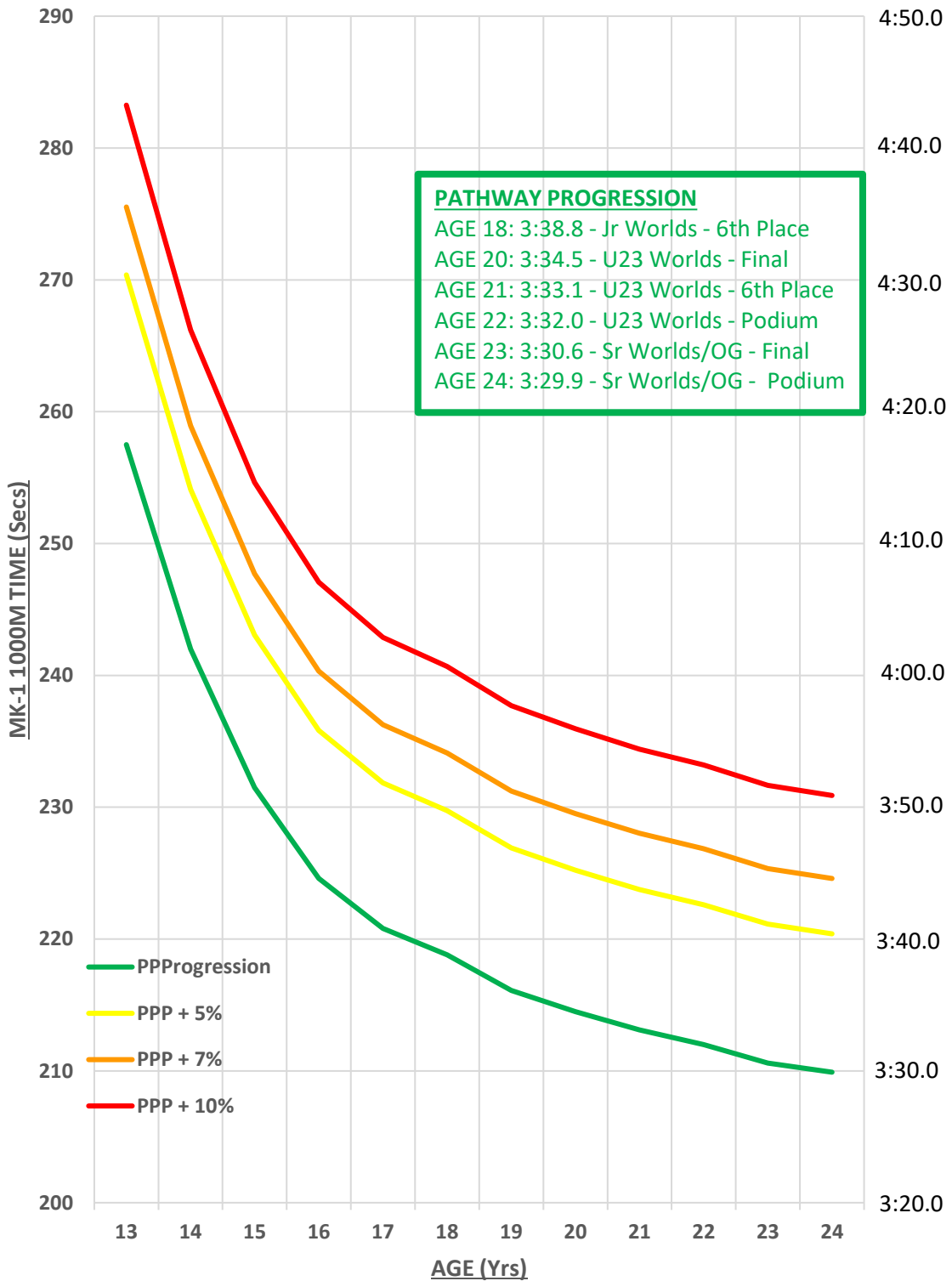
WK-1 200M PODIUM PATHWAY PROGRESSION



MC-1 1000M PODIUM PATHWAY PROGRESSION



MK-1 1000M PODIUM PATHWAY PROGRESSION



MK-1 200M PODIUM PATHWAY PROGRESSION

